



We Empower Compassionate, Creative and Independent Thinkers.

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In This Issue

[Panthers Basketball Schedule](#)

[Seen in the Hallways](#)

[Community Announcements](#)

[Elementary Yearbook Contest](#)

[Middle School News](#)

[Auction Procurement](#)

[iBreakfast Competition](#)

[Events and Gatherings](#)

Mark Your Calendar

January

30 - Day Between Semesters (No School)

31 - Painting Party (8am - 12pm)

February

2 - Young Playwrights One Act Festival (7pm)

3 - Alumni High School Night (7pm)

4 - Multicultural Night (6:30 pm)

6 - Elementary Yearbook Covers Due

11 - Salmon Bay School Tour (9am)

16 - President's Day (No School)

17 - Mid-winter Break (No School)

24 - Salmon Bay School Tour (6 pm)

Athletics

It's basketball season at Salmon Bay. Come cheer on the Panthers this Saturday.

A Note From Your Volunteer Coordinators

Volunteer Needs

- **Painters:** Please join us this Saturday from 8am to noon as we brighten math classrooms and hallways with fresh paint.
- **Crossing guards:** We would like to have a crossing guard for 19th & 65th from 3:10 - 3:30. Parent/child teams acceptable.
- **Volunteer nurses:** We need help on Mondays, Tuesdays, and every other Friday. Even a few hours of help would be great. Training provided by Dr. Caitlin Racey.
- **Playground helpers:** We would like to create a list of people who are available on short notice to fill in when our regular staff are sick. From 11:15-2:25, as needed.
- **Tour guides:** We need tour guides for a daytime (9am elementary/9:30 middle school) tour on February 11th and an evening tour (6pm elementary/7pm middle school) on February 24th. If you are willing to help with tours, please contact [Jodi](#) (elementary tours) or [Kristina](#) (middle school tours).
- **Laundry washers:** We need a volunteer to pick up blankets from the nurse's office on Fridays and return them on Mondays.

Supply Needs

The health room could use several small, light blankets to use for kids when they're not feeling well or need a power nap. Donations of new or lightly used blankets (like the polar fleece kind you can get on airplanes) greatly appreciated.

Elementary School News

Elementary Yearbook Cover Contest

If your student is interested in submitting a design for the yearbook, please have them do so by February 6th. Designs can be submitted to the Volunteer Coordinator office. Some guidelines for your artist:

- Use white 8.5 x 11 paper, in portrait orientation

VARSITY

Jan 31st vs. Southshore (2:30@Denny/Sealth)
 Feb 7th vs. Hazel Wolf (11:30@Nathan Hale)
 Feb 14th vs. Pathfinder (4:00@SW Teen Center)
 Feb 21st vs. Broadview (11:30@Nathan Hale)
 Feb 28th vs. Madrona (1:00@Nathan Hale)
 Mar 7th - BYE
 Mar 14th Playoffs (Times/Locations TBD)

JV

Jan 31st vs. Southshore (1:00@Chief Sealth)
 Feb 7th vs. Hazel Wolf (10:00@Jane Addams)
 Feb 14th vs. Licton Springs (4:00@ Denny)
 Feb 21st vs. Hazel Wolf (8:30@Jane Addams)
 Feb 28th vs. Hamilton (11:30@Jane Addams)
 Mar 7th vs. Licton Springs (11:30@Jane Addams)
 Mar 14th Playoffs (Times/Locations TBD)

Seen in the Hallways**What Tribe Are You?**

This photo shows the Making History map currently being used in Nicolette's classroom. The colored pieces represent different tribes. If you have a chance, ask one of the fifth graders to tell you about it. You'll notice their enthusiasm and excitement as they describe their tribe and what skills they have developed.

**STEAM Careers**

Some of our middle school students have created posters about STEAM careers (science, technology, engineering, art and math). They are hanging up in the west hallway. If you are in the building and have a few minutes, stop by and check them out. The range of careers represented and information shared is impressive!

- Use color
- Include "Salmon Bay School 2014 - 2015"
- Put student name and teacher on the BACK

Middle School News**WEPSkiers and Boarders**

Please stop by the lost & found outside Connie's Room (315) to check out the collection and claim the item(s) that belong to you.

Salmon Bay Alumni - High School Info Night

Salmon Bay 8th graders and their parents are encouraged to join us on February 3rd as a panel of our Salmon Bay alumni return to talk about their high school experiences and answer your questions. Topics covered include: general information about high school preparation, school cultures, athletics, clubs, academic readiness, homework, fears about transitioning to high school, and more. The event is scheduled to run from 7-8pm (but may extend slightly as needed). Students will represent the north end public schools where the majority of our 8th graders go: Roosevelt, Nathan Hale, Ingraham, Ballard, Center School, and Nova. Questions? Contact [Nancy Gruber](#). Hope to see you there!

ASB Sponsored Community Service Dinners

The Salmon Bay ASB is sponsoring monthly dinners at the new Compass Housing transitional housing unit in Ballard - the Nyer Urness House. The first dinner was a great success! The next dinner is Monday Feb 9th - sponsored by Connie W's and Martin's homerooms. There are a few slots for 7/8th graders who want to work in the kitchen and numerous slots for people willing to donate food. Sign up [HERE](#) if you can help. If you have any questions please contact [Glyde Hart King](#) or [Barb Smith](#).

Middle School Contract

The Middle School Social Contract is complete. Thanks to all homerooms for their input.

We help each other be safe, kind and responsible. To do this I work to:

- Follow directions
- Respect, accept, and include differences
- Make smart choices
- Be accountable for my words and actions
- Believe in myself while also encouraging others

...And have fun along the way!

GSA (Gay/Straight Alliance)

The Gay/Straight Alliance (GSA) is once again being activated at Salmon Bay. The first lunch meeting happened this week. All are welcome. To learn about what this group is all about, contact [Martin](#) or [Markos](#).

Film Club



Community Announcements

Space to Create Offerings

Paper Circuits Workshops

Brighten someone's day with a light-up LED Valentine's Card this year! Pop-Up Science and Space to Create team up again in February for a paper circuits workshop everyone can fall in love with. Adults & Kids (All Ages)
Sunday, Feb 8, 2015 from 2 - 4 pm

"Adult Getaway!" (Kids Only) on Saturday, Feb 14, 2015 from 6- 8 pm. Fills fast! (9+ years only)

The Magic of Photography (adult class)

Kevin Junker

March 4th, 11th, 18th 6:30 - 9:30 pm in studio
March 7th and 14th offsite photo shoot at mutually agreed upon time

Camp BIOMed

Camp BIOMed is a summer camp that provides opportunities for 9th-12th grade students to explore the world of life science research. In 2015, Camp BIOMed will offer three camp tracks including 1) Do it Yourself-Scientific Laboratory; 2) Origami of Life with Bioinformatics; and 3) Crime Scene Investigation (CSI) Forensic Biology. [Register your student today](#) and receive \$100 off during the early bird registration period.

Girls Math & Science Competition

GEMS (Girls Embrace math and Science) is sponsoring a competition just for girls on March 28th at Interlake High School, Bellevue. Grades 3-5. More information is [here](#).

Coyote Central

Do you like movies? There is a film club during middle school lunch on Mondays in Kurt's room (#205) Come join us to watch movies, review movies and win awards!

Auction

How to Help Right Now

Mark your calendars for Salmon Bay School's annual auction on Saturday, April 4, 2015 at North Seattle Community College's Wellness Center. Invitations and details are coming soon, but right now we are focused on procurement. Please consider what you can give. Can you donate a bottle of wine for our wine grab? Are you willing to offer an afternoon out on your boat or a weekend at your vacation cabin? Do you whittle or make jewelry and have a quality hand-crafted item to donate? Watch for the letter and procurement form coming to a mailbox near you and turn in your donations by March 13th. Questions about procurement? Contact [Nadege Mohr](#).

Cowboy Lingo

It's flu season 'round these parts and many of you are just trying to get your posse healthy. But, there's no reason you can't practice your cowboy lingo for the auction while you let the chicken noodle soup simmer. Here are two phrases to get you started:

Hitch in the giddy-up: Not feeling well.

"I've had a hitch in my giddy-up the last couple days."

Off one's feed: Unable to eat, having no appetite.

"That ankle biter has been off his feed ever since he barfed last Wednesday."

Stretchin' the blanket: Telling a tall tale.

"I can't tell if she's actually sick or just stretchin' the blanket."

Questions/Contact

To volunteer in another way or find out more about the auction, contact our auction chair [Stephanie Lynch](#) or visit the Auction Bulletin Board located in the volunteer coordinators office.

Notes from the Lunch Room

iBreakfast Competition

Between February 2nd and March 6th, students who eat breakfast at school can enter the district's iBreakfast Competition, with a chance to win iTunes gift cards and iPad minis! Students who choose whole grain cereals and milk will receive an extra entry ticket! Stop by the lunchroom for more info.

Breakfast costs \$1.75 for elementary and \$2.00 for middle school students. Every day we offer a choice of hot entree (except on parfait days) or a selection of whole grain cereals, including the new Kashi Berry Blossoms.

Next Week's Breakfast Choices

Winter courses for students ages 10-15 begin February 7th. [Register now](#).

Expand Your Horizons

Girls in 6th, 7th and 8th grade are invited to the [2015 Seattle Expanding Your Horizons conference](#) on February 7th from 12:30 - 5PM. This one-day event introduces girls to careers in math, science, engineering and technology through interactive workshops created and presented by women biologists, engineers, chemists, pharmacists, and other professionals.

Spring Lacrosse for Boys

Magnolia United Lacrosse is recruiting 3rd through 7th grade boys for the Spring 2015 season. Practice starts the week of February 2nd; the season ends in May. All practices are in Ballard. No experience necessary and loaner equipment is available. Click here to register or contact [Mary Scott Senan](#) for more information.

North Seattle Baseball Registration Now Open

Get outdoors this spring and join our baseball community which serves boys/girls ages 4-18. Practices start in March, games go through the end of the school year and take place in NE Seattle Meadowbrook/Wedgewood area fields. Teams will be formed in late January/early February so [sign up](#) soon.

Bring the World to You

The World Affairs Council is seeking globally-minded families and individuals in the greater Seattle area to volunteer to provide a homestay for Youth Leaders from Mexico, Iraq, the Middle East & North Africa, South Korea & Japan, and Cuba this summer. For more information, check out the [website](#).

Monday 2/2: Egg & Cheese Burrito
Tuesday 2/3: Breakfast Pizza
Wednesday 2/4: Whole Grain Waffles
Thursday 2/5: Sausage Muffin
Friday 2/5: Homemade Banana Bread.

School Events and Gatherings

Join us on Saturday for a Painting Party

Please join us this Saturday, January 31st from 8 am - noon to continue the painting work we began in the fall. The more hands, the more progress. Please help.

Young Playwright's Festival

The Salmon Bay Young Playwrights' One Act Play Festival is Monday Feb 2 at 7pm. There is only one performance! It is free. In the auditorium. This semester, our plays are by Justine DeVour, Emma Begley-Collier, Oscar Hoekman, Molly Weston, Julia Einaudi, and Jerome Birkner. Ensemble includes Kennedy Allan, Gustave Aristeguieta, Azalea Gomez, Lydia Hayes, Lily Kahan, Blanca Kolar, Jada Mobley-Schmid, Zachary Montgomery, Zachary Puckett, Tannon Siegel, Kyla Ulibarri, Elijah Warner, and Sofia Windelev.

Come and celebrate the work of our budding playwrights!

Alumni High School Night

Salmon Bay alumni from will talk about what high school is like on February 3rd from 7-8pm. More detail in the Middle School section above.

Multicultural Night Potluck & Celebration

Join us on Wednesday, February 4th in the cafeteria from 6:30 - 8:30 p.m. Bring your soul food, a recipe from your grandmother, or favorite comfort food to share. There will be world music, dance, cultural exhibition, a Japanese Kendo performance, and more!

Bulletin Submissions

We welcome submissions to our weekly Bulletin. Email submissions to [Jodi](#) or [Kristina](#) by noon on Thursdays.

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